

# **SIS SPORT, FITNESS AND RECREATION TRAINING PACKAGE**

**Version 6**

**WA NOMINAL HOURS GUIDE**

## Introduction

This Guide has been generated to enable the stakeholders in this Industry in Western Australia to participate in the managed implementation of the National SIS Sport, Fitness and Recreation Training Package.

This Guide is designed to aid Registered Training Organisations (RTOs) to convert from existing Training Package qualifications to new Training Package qualifications within the scope of their training delivery.

The Guide should be read in conjunction with the endorsed components of the Training Package

Version 6 of the SIS Sport, Fitness and Recreation Training Package was released by Training.Gov.Au (TGA) on the 13/12/2022.

## Transition Arrangements

Registered Training Organisations (RTOs) are required to deliver Training Package qualifications in accordance with the Standards for RTOs. For further information visit the Training Accreditation Council website [www.tac.wa.gov.au](http://www.tac.wa.gov.au)

## Nominal Hours

Nominal hours are the hours of training notionally required to achieve the outcomes of units of competency.

Nominal hours are identified for nationally endorsed qualifications. Nominal hours may vary for a qualification depending on the selection of units of competency.

In Western Australia, nominal hours are used as a mechanism for funding allocation.

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## Qualifications and Nominal Hours

The following table provides a summary of the qualifications and nominal hours in the training package.

National Code	National Title	Nominal Hours
SIS10122	Certificate I in Sport and Recreation	163
SIS20122	Certificate II in Sport and Recreation	270
SIS20221	Certificate II in Sport - Developing Athlete	240
SIS20321	Certificate II in Sport Coaching	190
SIS20419	Certificate II in Outdoor Recreation	248
SIS30122	Certificate III in Sport, Aquatics and Recreation	345
SIS30321	Certificate III in Fitness	603
SIS30421	Certificate III in Sport - Athlete	280
SIS30521	Certificate III in Sport Coaching	365
SIS30619	Certificate III in Outdoor Leadership	650
SIS40122	Certificate IV in Sport, Aquatics and Recreation	560
SIS40221	Certificate IV in Fitness	870
SIS40321	Certificate IV in Sport Coaching	410
SIS40421	Certificate IV in Sport Development	420
SIS40621	Certificate IV in Outdoor Leadership	905
SIS50122	Diploma of Sport, Aquatics and Recreation Management	725
SIS50321	Diploma of Sport	620
SIS50421	Diploma of Outdoor Leadership	1070

## Skill Sets and Nominal Hours

The following table provides a summary of the skill sets and nominal hours in the training package.

National Code	National Title	Nominal Hours
SISSS00114	Advanced Coaching	165
SISSS00115	Coach Development	90
SISSS00116	High Performance Coach	245
SISSS00117	Sport Official	120
SISSS00118	Sports Trainer Level 1	113
SISSS00119	Community Coaching	110
SISSS00120	Alpine Activities Leader	260
SISSS00121	Artificial Abseiling	155
SISSS00122	Artificial Climbing	145
SISSS00123	Challenge Course Leader	130
SISSS00124	Challenge Course Supervisor	155
SISSS00125	Tracked Horse Trail Ride Guiding	170
SISSS00126	Wilderness First Aid	78
SISSS00127	Aqua Exercise Instruction	188
SISSS00128	Group Exercise Leader	168
SISSS00130	Pre-exercise Screening	20
SISSS00131	Aquatic Technical Operator	100
SISSS00132	Swimming and Water Safety Teacher	85
SISSS00133	Pool Lifeguard	79
SISSS00134	Inland Open Water Lifeguard	89

## Units of Competency and Nominal Hours

The following table provides a summary of the units of competency and nominal hours in the training package.

National Code	National Title	Nominal Hours
SISCAQU002	Perform basic water rescues	10
SISCAQU007	Perform advanced water rescues	20
SISCAQU015	Test pool water quality	10
SISCAQU016	Manage pool water quality	20
SISCAQU017	Monitor and maintain aquatic facility plant and equipment	20
SISCAQU018	Operate self-contained breathing apparatus in aquatic facility emergencies	20
SISCAQU019	Supervise patron safety in aquatic locations	15
SISCAQU020	Perform water rescues	10
SISCAQU021	Perform complex water rescues	20
SISCAQU022	Provide oxygen resuscitation and therapy in an aquatic environment	16
SISCAQU023	Plan swimming lessons	15
SISCAQU024	Teach water familiarisation, buoyancy and mobility skills	20
SISCAQU025	Teach water safety and survival skills	20
SISCAQU026	Teach swimming strokes	20
SISCAQU027	Promote development of infants and toddlers in an aquatic environment	15
SISCAQU028	Assist participants with disability during aquatic activities	10
SISCAQU029	Perform open water rescues	20
SISCAQU030	Monitor and maintain inflatable aquatic equipment	8
SISCCRO001	Plan and conduct recreation programs for older persons	30
SISFFIT032	Complete pre-exercise screening and service orientation	20
SISFFIT033	Complete client fitness assessments	25
SISFFIT034	Assess client movement and provide exercise advice	35
SISFFIT035	Plan group exercise sessions	55

SISFFIT036	Instruct group exercise sessions	70
SISFFIT037	Develop and instruct group movement programs for children	70
SISFFIT038	Plan group water-based exercise sessions	25
SISFFIT039	Instruct group water-based exercise sessions	35
SISFFIT040	Develop and instruct gym-based exercise programs for individual clients	45
SISFFIT041	Develop personalised exercise programs	65
SISFFIT042	Instruct personalised exercise sessions	65
SISFFIT043	Develop and instruct personalised exercise programs for body composition goals	45
SISFFIT044	Develop and instruct personalised exercise programs for older clients	70
SISFFIT045	Develop and instruct personalised exercise programs for adolescent clients	80
SISFFIT046	Plan and instruct online exercise sessions	55
SISFFIT047	Use anatomy and physiology knowledge to support safe and effective exercise	90
SISFFIT048	Use anatomy and physiology knowledge to support safe and effective water-based exercise	70
SISFFIT049	Use exercise science principles in fitness instruction	55
SISFFIT050	Support exercise behaviour change	50
SISFFIT051	Establish and maintain professional practice for fitness instruction	55
SISFFIT052	Provide healthy eating information	50
SISFFIT053	Support healthy eating for individual fitness clients	65
SISOABL001	Lead adventure-based learning activities	45
SISOABL002	Facilitate adventure-based learning activities	45
SISOABL003	Design adventure-based learning programs	55
SISOABS001	Abseil single pitches using fundamental skills	20
SISOABS002	Abseil single pitches, artificial surfaces	20
SISOABS003	Abseil single pitches, natural surfaces	35
SISOABS004	Abseil multi pitches, natural surfaces	35
SISOABS005	Establish ropes for single pitch abseiling on artificial surfaces	25
SISOABS006	Establish ropes for single pitch abseiling on natural surfaces	40

SISOABS007	Establish ropes for multi pitch abseiling on natural surfaces	35
SISOABS008	Lead single pitch abseiling activities on artificial surfaces	45
SISOABS009	Lead single pitch abseiling activities on natural surfaces	45
SISOABS010	Lead multi pitch abseiling activities on natural surfaces	45
SISOARC001	Lead archery sessions	35
SISOBWG001	Bushwalk in tracked environments	20
SISOBWG002	Bushwalk in difficult tracked environments	45
SISOBWG003	Bushwalk in extremely difficult tracked and untracked environments	65
SISOBWG004	Cross rivers during bushwalks	20
SISOBWG005	Lead bushwalks in tracked environments	45
SISOBWG006	Lead bushwalks in difficult tracked environments	65
SISOBWG007	Lead bushwalks in extremely difficult tracked and untracked environments	70
SISOCAY001	Traverse canyons	35
SISOCAY002	Abseil in easy to intermediate canyons	20
SISOCAY003	Abseil in intermediate to advanced canyons	25
SISOCAY004	Establish ropes and belays for abseils in easy to intermediate canyons	25
SISOCAY005	Establish ropes and belays for abseils in intermediate to advanced canyons	25
SISOCAY006	Lead canyoning activities, easy to intermediate canyons	45
SISOCAY007	Lead canyoning activities, intermediate to advanced canyons	65
SISOCHC001	Lead challenge course sessions, low elements	30
SISOCHC002	Set up and supervise challenge course sessions, low elements	25
SISOCHC003	Lead challenge course sessions, high elements	45
SISOCHC004	Set up and supervise challenge course sessions, high elements	30
SISOCHC005	Manage challenge course	70
SISOCLM001	Top rope climb single pitches, artificial surfaces	20
SISOCLM002	Top rope climb single pitches, natural surfaces	35
SISOCLM003	Lead climb single pitches, natural surfaces	40

SISOCLM004	Lead climb multi pitches, natural surfaces	35
SISOCLM005	Establish belays for single pitch climbing on artificial surfaces	15
SISOCLM006	Establish belays for single pitch climbing on natural surfaces	40
SISOCLM007	Establish belays for multi pitch climbing on natural surfaces	25
SISOCLM008	Lead single pitch climbing activities on artificial surfaces, top rope climbing	40
SISOCLM009	Lead single pitch climbing activities on natural surfaces, top rope climbing	40
SISOCLM010	Lead single pitch climbing activities on natural surfaces, lead climbing	65
SISOCLM011	Lead multi pitch climbing activities on natural surfaces, lead climbing	70
SISOCNE001	Paddle a craft using fundamental skills	35
SISOCNE002	Paddle a canoe on inland flatwater	40
SISOCNE003	Paddle a canoe on moving water up to grade 1 rivers	35
SISOCNE004	Paddle a canoe on grade 2 rivers	45
SISOCNE005	Lead canoeing activities on inland flatwater	55
SISOCNE006	Lead canoeing activities on moving water up to grade 1 rivers	65
SISOCNE007	Lead canoeing activities on grade 2 rivers	65
SISOCVE001	Traverse caves	40
SISOCVE002	Descend and ascend ladders in caves	15
SISOCVE003	Abseil single pitches in caves	20
SISOCVE004	Descend and ascend single ropes in caves	20
SISOCVE005	Establish ropes, ladders and belays for caving	30
SISOCVE006	Lead caving activities	65
SISOCYT001	Set up, maintain and repair bicycles	20
SISOCYT002	Ride bicycles on roads and pathways, easy conditions	20
SISOCYT003	Ride bicycles on roads, up to moderate terrain and heavy traffic	20
SISOCYT004	Ride off road bicycles on easy trails	20
SISOCYT005	Ride off road bicycles on intermediate trails	35
SISOCYT006	Lead cycling activities on roads and pathways, easy conditions	35



SISOCYT007	Lead cycling activities on roads, up to moderate terrain and heavy traffic	45
SISOCYT008	Lead off road cycling activities on easy trails	45
SISOCYT009	Lead off road cycling activities on intermediate trails	65
SISODRV001	Drive AWD/4WD vehicles on unsealed roads	25
SISODRV002	Lead four wheel driving activities	70
SISOEQU001	Handle horses	25
SISOEQU002	Ride horses using fundamental skills	70
SISOEQU003	Ride horses on tracked trail rides	20
SISOEQU004	Ride horses on untracked trail rides	25
SISOEQU005	Guide horse trail rides in tracked areas	45
SISOEQU006	Guide horse trail rides in untracked areas	35
SISOEQU007	Instruct horse handling skills	35
SISOEQU008	Instruct fundamental horse riding skills	55
SISOEQU009	Instruct the advancement of recreational horse riding skills	35
SISOEQU010	Identify hazards, assess and control safety risks for horse handling and riding activities	25
SISOEQU011	Manage horse illness and injury in remote areas	20
SISOEQU012	Assess horses for sport or recreational performance	35
SISOEQU013	Condition horses for sport or recreational performance	45
SISOEQU014	Determine nutritional requirements for sport or recreational horses	35
SISOEQU015	Acquire and educate horses for sport or recreational programs	70
SISOFLD001	Assist in conducting recreation sessions	25
SISOFLD002	Minimise environmental impact	25
SISOFLD003	Select, set up and operate a temporary or overnight site	25
SISOFLD004	Provide first aid in remote locations	40
SISOFLD005	Navigate waterway courses	30
SISOFLD006	Navigate in tracked environments	30
SISOFLD007	Navigate in difficult tracked environments	35

SISOFLD008	Navigate in extremely difficult tracked and untracked environments	45
SISOFSH001	Locate, attract and catch fish	15
SISOFSH002	Select and catch bait	20
SISOFSH003	Select and rig tackle outfits	15
SISOFSH004	Lead fishing activities	65
SISOKYK001	Paddle a kayak on inland flatwater	40
SISOKYK002	Paddle a kayak on moving water up to grade 1 rivers	35
SISOKYK003	Paddle a kayak on grade 2 rivers	35
SISOKYK004	Paddle a kayak on grade 3 rivers	45
SISOKYK005	Lead kayaking activities on inland flatwater	55
SISOKYK006	Lead kayaking activities on moving water up to grade 1 rivers	65
SISOKYK007	Lead kayaking activities on grade 2 rivers	65
SISOKYK008	Lead kayaking activities on grade 3 rivers	65
SISOKYS001	Paddle a sea kayak in enclosed waters	25
SISOKYS002	Paddle a sea kayak in sheltered coastal waters	25
SISOKYS003	Paddle a sea kayak in exposed coastal waters	35
SISOKYS004	Lead sea kayaking activities in enclosed waters	60
SISOKYS005	Lead sea kayaking activities in sheltered coastal waters	65
SISOKYS006	Lead sea kayaking activities in exposed coastal waters	65
SISOPLN001	Finalise operation of outdoor recreation activities	35
SISOPLN002	Plan outdoor activity sessions	45
SISOPLN003	Develop outdoor recreation programs	55
SISOPLN004	Identify hazards, assess and control risks for outdoor recreation activities	45
SISOPLN005	Interpret weather and environmental conditions for outdoor recreation activities	40
SISOPLN006	Plan for minimal environmental impact	30
SISOPLN007	Manage risk for outdoor programs	60
SISOPWC001	Ride personal watercraft in smooth water conditions	25

SISOPWC002	Ride personal watercraft in slight water conditions	25
SISOPWC003	Lead personal water craft activities in smooth water conditions	45
SISOPWC004	Lead personal water craft activities in slight water conditions	45
SISORAF001	Guide a raft on grade 2 rivers	55
SISORAF002	Guide a raft on grade 3 rivers	70
SISORAF003	Guide a raft on grade 4 rivers	70
SISORAF004	Lead rafting activities on grade 2 rivers	70
SISORAF005	Lead rafting activities on grade 3 rivers	70
SISORAF006	Lead rafting activities on grade 4 rivers	80
SISORSC001	Conduct search and rescue	30
SISORSC002	Perform vertical rescues	35
SISORSC003	Perform complex vertical rescues	45
SISORSC004	Self rescue in white water	30
SISORSC005	Rescue others in white water	30
SISORSC006	Lead and participate in complex white water rescues	45
SISORSC007	Perform basic surf rescues	25
SISOSAI001	Sail small boats in smooth water and light to moderate wind conditions	25
SISOSAI002	Sail small boats in partially smooth water and moderate to fresh wind conditions	25
SISOSAI003	Sail small boats in open coastal waters and moderate wind conditions	30
SISOSAI004	Lead sailing activities in smooth water and light to moderate wind conditions	55
SISOSAI005	Lead sailing activities in partially smooth water and moderate to fresh wind conditions	55
SISOSAI006	Lead sailing activities in open coastal waters and moderate wind conditions	65
SISOSCB001	SCUBA dive in open water to a maximum depth of 18 metres	55
SISOSCB002	SCUBA dive from boats	35
SISOSCB003	SCUBA dive at night	35
SISOSCB004	Navigate prescribed routes underwater	25
SISOSCB005	Complete underwater search and recovery dives	40

SISOSCB006	Perform diver rescues	45
SISOSCB007	Inspect and fill SCUBA cylinders	15
SISOSCB008	SCUBA dive using Enriched Air Nitrox	25
SISOSCB009	SCUBA dive to depths between 18 and 40 metres	35
SISOSCB010	Lead SCUBA diving activities	65
SISOSCB011	Lead specialised SCUBA diving activities	65
SISOSKT001	Ski on easy cross country terrain	45
SISOSKT002	Ski on intermediate cross country terrain	70
SISOSKT003	Use snow craft skills for alpine touring	35
SISOSKT004	Lead skiing activities on easy cross country terrain	65
SISOSKT005	Lead skiing activities on intermediate cross country terrain	70
SISOSNK001	Snorkel	20
SISOSNK002	Lead snorkelling activities	50
SISOSRF001	Surf small waves using basic manoeuvres	20
SISOSRF002	Surf waves using intermediate manoeuvres	20
SISOSRF003	Surf waves using advanced manoeuvres	35
SISOSRF004	Lead surfing activities, small waves and basic manoeuvres	35
SISOSRF005	Lead surfing activities, intermediate manoeuvres	35
SISOSRF006	Lead surfing activities, advanced manoeuvres	65
SISOSUP001	Paddle a stand up board on inland flatwater	20
SISOSUP002	Paddle a stand up board in small waves	20
SISOSUP003	Paddle a stand up board in sheltered coastal waters	25
SISOSUP004	Lead stand up paddle boarding activities on inland flatwater	35
SISOSUP005	Lead stand up paddle boarding activities on small waves	35
SISOSUP006	Lead stand up paddle boarding activities in sheltered coastal waters	45
SISOWIN001	Windsurf in smooth water and light wind conditions	20
SISOWIN002	Lead windsurfing activities in smooth water and light wind conditions	35

SISSAFL001	Participate in Australian football at an intermediate level	35
SISSAFL002	Participate in Australian football at an advanced level	35
SISSATH001	Conduct athletics coaching sessions with foundation level participants	45
SISSBSB001	Conduct basketball coaching sessions with foundation level participants	45
SISSBSB002	Coach basketball participants up to an intermediate level	55
SISSCKT001	Participate in cricket at an intermediate level	35
SISSCKT002	Participate in cricket at an advanced level	35
SISSEQS001	Coach individual participants in the introduction of equestrian activities	55
SISSEQS002	Coach unofficial local competition competitors in equestrian	40
SISSEQS003	Coach official national competition participants in equestrian	70
SISSGLF001	Coach advanced level golfers	40
SISSGLF002	Participate in golf at an intermediate level	35
SISSGLF003	Participate in golf at an advanced level	35
SISSGLF004	Fit and alter golf equipment	30
SISSGLF005	Manage the structure and facilitation of golf competitions and tournaments	40
SISSGLF006	Participate in high performance golf tournaments	40
SISSGLF007	Manage on-course golf operations	40
SISSNTB001	Conduct netball coaching sessions with foundation level participants	45
SISSNTB002	Participate in netball at an intermediate level	35
SISSPAR001	Participate in sport at an intermediate level	35
SISSPAR002	Participate in sport at an advanced level	35
SISSPAR003	Follow specialist dietary advice	20
SISSPAR004	Book athlete travel and accommodation	20
SISSPAR005	Develop athlete personal brand	25
SISSPAR006	Prepare and present athlete sponsorship proposals	15
SISSPAR007	Work as an athlete	45
SISSPAR008	Maintain personal wellbeing as an athlete	15

SISSPAR009	Participate in conditioning for sport	25
SISSRGL001	Conduct rugby league coaching sessions with foundation level participants	45
SISSRGL002	Participate in rugby league at an intermediate level	35
SISSSCO001	Conduct sport coaching sessions with foundation level participants	45
SISSSCO002	Work in a community coaching role	25
SISSSCO003	Meet participant coaching needs	65
SISSSCO004	Plan, conduct and review coaching programs	65
SISSSCO005	Continuously improve coaching skills and knowledge	30
SISSSCO006	Implement sport selection policies and procedures	20
SISSSCO007	Apply sport psychology principles	40
SISSSCO008	Apply anti-doping policies	25
SISSSCO009	Work collaboratively with others in a sport environment	15
SISSSCO010	Implement sport talent identification programs	20
SISSSCO011	Manage integrity in sport	65
SISSSCO012	Coach sport participants up to an intermediate level	55
SISSSCO013	Coach sport participants up to an advanced level	40
SISSSCO014	Develop sport coaches	40
SISSSCO015	Prepare participants for sport competition	40
SISSSCO016	Coach participants in sport competition	35
SISSSOF001	Work as an official in sport	35
SISSSOF002	Continuously improve officiating skills and knowledge	20
SISSSOF003	Officiate sport competitions	45
SISSSPT001	Implement sport injury prevention and management strategies	55
SISSSQU001	Conduct squash coaching sessions with foundation level participants	45
SISSSUR001	Conduct surf life saving coaching sessions with foundation level participants	40
SISSSWM001	Coach swimmers up to a competitive level	55
SISSSWM002	Coach swimmers up to a high performance level	40

SISSSWM003	Coach swimmers up to an elite level	70
SISSTNS001	Coach junior players in tennis	55
SISSTNS002	Coach intermediate players in tennis	40
SISSTOU001	Participate in touch at an intermediate level	35
SISSTPB001	Conduct tenpin bowling coaching sessions with foundation level participants	45
SISSVOL001	Coach volleyball participants up to an intermediate level	55
SISXADM001	Organise and supervise participant travel	15
SISXCAI001	Provide equipment for activities	10
SISXCAI004	Plan and conduct programs	30
SISXCAI005	Conduct individualised long-term training programs	40
SISXCAI006	Facilitate groups	20
SISXCAI008	Plan, conduct and review training and recovery programs	40
SISXCAI009	Instruct strength and conditioning techniques	60
SISXCAI010	Develop strength and conditioning programs	40
SISXCAI011	Develop and deliver long-term training programs	55
SISXCCS001	Provide quality service	25
SISXCCS002	Coordinate client service activities	35
SISXCCS003	Address client needs	10
SISXCCS004	Provide quality service	25
SISXCCS005	Monitor and evaluate customer service	35
SISXDIS001	Facilitate inclusion for people with a disability	20
SISXDIS002	Plan and conduct disability programs	40
SISXEMR001	Respond to emergency situations	15
SISXEMR002	Coordinate emergency responses	20
SISXEMR003	Respond to emergency situations	20
SISXEMR004	Coordinate emergency responses	20
SISXFAC001	Maintain equipment for activities	15

SISXFAC002	Maintain sport, fitness and recreation facilities	14
SISXFAC003	Implement facility maintenance programs	20
SISXFAC004	Coordinate facility and equipment acquisition and maintenance	35
SISXFAC005	Manage stock supply and purchase	40
SISXFAC006	Maintain activity equipment	15
SISXFAC007	Maintain clean facilities	16
SISXFAC008	Monitor and maintain facility plant and equipment	7
SISXFAC009	Coordinate facility maintenance	20
SISXFAC010	Develop maintenance and equipment acquisition plans	35
SISXFAC011	Manage stock supply and purchase	40
SISXFAC012	Promote safe and effective use of facilities	25
SISXFAM001	Organise and supervise participant travel	15
SISXFAM002	Process financial transactions	15
SISXFAM003	Develop and review budgets for activities or projects	20
SISXFAM004	Analyse participation patterns	20
SISXFAM005	Develop and implement participation strategies	35
SISXFAM006	Coordinate sport, fitness or recreation events	55
SISXFIN001	Develop and review budgets for activities or projects	40
SISXFIN002	Process financial transactions	15
SISXHRM001	Recruit and manage volunteers	30
SISXICT001	Select and use technology for sport, fitness and recreation work	40
SISXIND001	Work effectively in sport, fitness and recreation environments	40
SISXIND002	Maintain sport, fitness and recreation industry knowledge	20
SISXIND003	Maintain legal knowledge for organisation governance	40
SISXIND004	Analyse participation patterns	10
SISXIND005	Coordinate work teams or groups	20
SISXIND006	Conduct sport, fitness or recreation events	40



SISXIND007	Develop and implement participation strategies	35
SISXIND008	Manage legal compliance in sport and recreation	35
SISXIND009	Respond to interpersonal conflict	30
SISXIND010	Protect children and young people	35
SISXIND011	Maintain sport, fitness and recreation industry knowledge	45
SISXIND012	Select and use technology for sport, fitness and recreation work	40
SISXMGT001	Develop and maintain stakeholder relationships	30
SISXMGT002	Develop and maintain stakeholder relationships	30
SISXMGT003	Recruit, induct and manage volunteers	30
SISXMGT004	Coordinate work teams	45
SISXMGT005	Facilitate community recreation initiatives	55
SISXPLD001	Provide hire equipment for activities	10
SISXPLD002	Deliver recreation sessions	55
SISXPLD003	Plan recreation programs	45
SISXPLD004	Facilitate groups	20
SISXPLD005	Facilitate inclusion for people with disability	25
SISXPLD006	Identify hazards, assess and control risks for sport, fitness and recreation activities	45
SISXPLD007	Schedule sport, fitness, aquatic and recreation activities	45
SISXRES001	Conduct sustainable work practices in open spaces	30
SISXRES002	Educate user groups	25

## Mapping Qualifications

The following table provides an overview of the qualifications from version 6 which replace qualifications from the existing version of the SIS Sport, Fitness and Recreation Training Package.

Current Qualification				Replacement Qualification		
National Code	National Title	Nominal Hours	E / NE	National Code	National Title	Nominal Hours
SIS10115	Certificate I in Sport and Recreation	165	NE	SIS10122	Certificate I in Sport and Recreation	163
SIS20115	Certificate II in Sport and Recreation	265	NE	SIS20122	Certificate II in Sport and Recreation	270
SIS31015	Certificate III in Aquatics and Community Recreation	355	NE	SIS30122	Certificate III in Sport, Aquatics and Recreation	345
SIS30115	Certificate III in Sport and Recreation	415	NE			
SIS40115	Certificate IV in Sport and Recreation	500	NE	SIS40122	Certificate IV in Sport, Aquatics and Recreation	560
SIS50115	Diploma of Sport and Recreation Management	970	NE	SIS50122	Diploma of Sport, Aquatics and Recreation Management	725

## Mapping Skill Sets

The following table provides an overview of the skill sets from version 6 which replace skill sets from the existing version of the SIS Sport, Fitness and Recreation Training Package.

Current Skill Set				Replacement Skill Set		
National Code	National Title	Nominal Hours	E / NE	National Code	National Title	Nominal Hours
SISSS00110	Aquatic Technical Operator	110	NE	SISSS00131	Aquatic Technical Operator	100
SISSS00112	Swimming and Water Safety Teacher	70	NE	SISSS00132	Swimming and Water Safety Teacher	85
SISSS00111	Pool Lifeguard	115	NE	SISSS00133	Pool Lifeguard	79
SISSS00129	Pool Lifeguard	113	NE			
			-	SISSS00134	Inland Open Water Lifeguard	89

## Mapping Units of Competency

The following table provides an overview of the units of competency from version 6 which replace units of competency from the existing version of the SIS Sport, Fitness and Recreation Training Package.

Current Unit				Replacement Unit		
National Code	National Title	Nominal Hours	E / NE	National Code	National Title	Nominal Hours
SISCAQU001	Test pool water quality	10	NE	SISCAQU015	Test pool water quality	10
SISCAQU004	Develop and implement pool water maintenance procedures	20	NE	SISCAQU016	Manage pool water quality	20
SISCAQU003	Maintain aquatic facility plant and equipment	20	NE	SISCAQU017	Monitor and maintain aquatic facility plant and equipment	20
SISCAQU014	Operate self-contained breathing apparatus in an aquatic facility	25	NE	SISCAQU018	Operate self-contained breathing apparatus in aquatic facility emergencies	20
SISCAQU006	Supervise clients in aquatic locations	20	NE	SISCAQU019	Supervise patron safety in aquatic locations	15
SISCAQU002	Perform basic water rescues	10	NE	SISCAQU020	Perform water rescues	10
SISCAQU007	Perform advanced water rescues	20	NE	SISCAQU021	Perform complex water rescues	20
			-	SISCAQU022	Provide oxygen resuscitation and therapy in an aquatic environment	16
			-	SISCAQU023	Plan swimming lessons	15
SISCAQU008	Instruct water familiarisation, buoyancy and mobility skills	20	NE	SISCAQU024	Teach water familiarisation, buoyancy and mobility skills	20
SISCAQU009	Instruct water safety and survival skills	20	NE	SISCAQU025	Teach water safety and survival skills	20
SISCAQU010	Instruct swimming strokes	20	NE	SISCAQU026	Teach swimming strokes	20
SISCAQU011	Promote development of infants and toddlers in an aquatic environment	20	NE	SISCAQU027	Promote development of infants and toddlers in an aquatic environment	15
SISCAQU012	Assist participants with a disability during aquatic activities	20	NE	SISCAQU028	Assist participants with disability during aquatic activities	10
			-	SISCAQU029	Perform open water rescues	20
			-	SISCAQU030	Monitor and maintain inflatable aquatic equipment	8
SISXCAI005	Conduct individualised long-term training programs	40	NE	SISXCAI011	Develop and deliver long-term training programs	55

SISXCCS001	Provide quality service	25	E	SISXCCS004	Provide quality service	25
SISXCCS002	Coordinate client service activities	35	NE	SISXCCS005	Monitor and evaluate customer service	35
SISXEMR001	Respond to emergency situations	15	NE	SISXEMR003	Respond to emergency situations	20
SISXEMR002	Coordinate emergency responses	20	NE	SISXEMR004	Coordinate emergency responses	20
SISXFAC001	Maintain equipment for activities	15	E	SISXFAC006	Maintain activity equipment	15
SISXFAC002	Maintain sport, fitness and recreation facilities	14	NE	SISXFAC007	Maintain clean facilities	16
SISXFAC003	Implement facility maintenance programs	20	NE	SISXFAC008	Monitor and maintain facility plant and equipment	7
SISCAQU005	Develop and implement aquatic facility maintenance procedures	20	NE	SISXFAC009	Coordinate facility maintenance	20
SISXFAC004	Coordinate facility and equipment acquisition and maintenance	35	NE	SISXFAC010	Develop maintenance and equipment acquisition plans	35
SISXFAC005	Manage stock supply and purchase	40	E	SISXFAC011	Manage stock supply and purchase	40
SISXRES002	Educate user groups	25	NE	SISXFAC012	Promote safe and effective use of facilities	25
SISXADM001	Organise and supervise participant travel	15	E	SISXFAM001	Organise and supervise participant travel	15
SISXFIN002	Process financial transactions	15	E	SISXFAM002	Process financial transactions	15
SISXFIN001	Develop and review budgets for activities or projects	40	NE	SISXFAM003	Develop and review budgets for activities or projects	20
SISXIND004	Analyse participation patterns	10	NE	SISXFAM004	Analyse participation patterns	20
SISXIND007	Develop and implement participation strategies	35	NE	SISXFAM005	Develop and implement participation strategies	35
SISXIND006	Conduct sport, fitness or recreation events	40	NE	SISXFAM006	Coordinate sport, fitness or recreation events	55
SISXIND001	Work effectively in sport, fitness and recreation environments	40	NE	SISXIND011	Maintain sport, fitness and recreation industry knowledge	45
SISXIND002	Maintain sport, fitness and recreation industry knowledge	20	NE			
SISXICT001	Select and use technology for sport, fitness and recreation work	40	E	SISXIND012	Select and use technology for sport, fitness and recreation work	40
SISXMGT001	Develop and maintain stakeholder relationships	30	E	SISXMGT002	Develop and maintain stakeholder relationships	30
SISXHRM001	Recruit and manage volunteers	30	NE	SISXMGT003	Recruit, induct and manage volunteers	30
SISXIND005	Coordinate work teams or groups	20	NE	SISXMGT004	Coordinate work teams	45
SISCCRD001	Facilitate community recreation initiatives	55	NE	SISXMGT005	Facilitate community recreation initiatives	55

SISXCAI001	Provide equipment for activities	10	E	SISXPLD001	Provide hire equipment for activities	10
SISXCAI004	Plan and conduct programs	30	NE	SISXPLD002	Deliver recreation sessions	55
SISXCCS003	Address client needs	10	NE			
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions	60	NE			
SISCCRO001	Plan and conduct recreation programs for older persons	30	NE			
SISXDIS002	Plan and conduct disability programs	40	NE			
SISXCAI003	Conduct non-instructional sport, fitness or recreation sessions	60	NE	SISXPLD003	Plan recreation programs	45
SISXCAI004	Plan and conduct programs	30	NE			
SISCCRO001	Plan and conduct recreation programs for older persons	30	NE			
SISXDIS002	Plan and conduct disability programs	40	NE			
SISXCCS003	Address client needs	10	NE			
SISXCAI006	Facilitate groups	20	E	SISXPLD004	Facilitate groups	20
SISXDIS001	Facilitate inclusion for people with a disability	20	NE	SISXPLD005	Facilitate inclusion for people with disability	25
			-	SISXPLD006	Identify hazards, assess and control risks for sport, fitness and recreation activities	45
			-	SISXPLD007	Schedule sport, fitness, aquatic and recreation activities	45

## Apprenticeships

The following table provides a summary of the apprenticeships that have been affected by changes in this SIS Sport, Fitness and Recreation Training Package update.

Please refer to the current *Register of Class A and B qualifications* found on the Department of Training and Workforce Development website for the official list of apprenticeships in Western Australia.

Current Qualification					Replacement Qualification		
National Code	National Title	Apprenticeship	Nominal Hours	E / NE	National Code	National Title	Nominal Hours

No changes occurred between versions 5.2 and 6.

## Traineeships

The following table provides a summary of the traineeships that have been affected by changes in this SIS Sport, Fitness and Recreation Training Package update.

Please refer to the current *Register of Class A and B qualifications* found on the Department of Training and Workforce Development website for the official list of apprenticeships in Western Australia.

Current Qualification					Replacement Qualification		
National Code	National Title	Traineeship	Nominal Hours	E / NE	National Code	National Title	Nominal Hours
SIS20115	Certificate II in Sport and Recreation	TR01650: SPORT AND RECREATION (LEVEL 2)	265	NE	SIS20122	Certificate II in Sport and Recreation	270
SIS30115	Certificate III in Sport and Recreation	TR01660: SPORT AND RECREATION (LEVEL 3)	415	NE	SIS30122	Certificate III in Sport, Aquatics and Recreation	345
SIS31015	Certificate III in Aquatics and Community Recreation	TR07510: COMMUNITY RECREATION (LEVEL 3)	355	NE			
SIS40115	Certificate IV in Sport and Recreation	TR04200: SPORT AND RECREATION (LEVEL 4)	500	NE	SIS40122	Certificate IV in Sport, Aquatics and Recreation	560



## Pre-apprenticeships

The following table provides a summary of the pre-apprenticeships that have been affected by changes in this SIS Sport, Fitness and Recreation Training Package update.

Please refer to the current *list of pre-apprenticeship courses* found on the Department of Training and Workforce Development website for the official list of pre-apprenticeships in Western Australia.

Current Qualification					Replacement Qualification		
National Code	National Title	Pre-apprenticeship	Nominal Hours	E / NE	National Code	National Title	Nominal Hours

No changes occurred between versions 5.2 and 6.