

## Translation - Nyangumarta to Plain English



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### How you can plan ahead if you are well

1. How you can plan if you are very sick
2. We all want to stay healthy, but sometimes we get sick.
3. If you were very sick and could not make your own decisions, who would you like to make them for you?
4. If you want a family member or friend to make your decisions, you can make a plan for this.
5. There are two forms you can fill out:
6. One is called an “Enduring Power of Attorney”.
7. An Enduring Power of Attorney is when you chose someone to make decisions about your money.
8. The other one is called an “Enduring Power of Guardianship”
9. An Enduring Power of Guardianship is when you choose someone to make decisions about where you live, your health, your medicine, and services that you might use.
10. These forms can help you plan for the future and get help and support from the people you trust the most.

11. These forms can help you make your own decisions about your future care and can reduce the need for government agencies to get involved.
12. The forms are written in English, but you can ask for an interpreter for help.
13. The forms are free.
14. The forms can be download from the Office of the Public Advocate Website
15. For more information you can:
16. look up: [publicadvocate.wa.gov.au](http://publicadvocate.wa.gov.au)
17. Email the Office of the Public Advocate - [opa@justice.wa.gov.au](mailto:opa@justice.wa.gov.au)
18. Or call 1300 858 455.
19. That number again is 1300 858 455.
20. Authorised by the Office of the Public Advocate, spoken by Aboriginal Interpreting  
WA.

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